

Hot Drinks

Mug of Tea (V) 0kcal	£2.55
Mug of Flavoured Tea (V) 0kcal	£2.80
Americano (VG) 4kcal	£3.55
Cappuccino (V) 69kcal	£4.20
Latte (V) 79kcal	£4.20
Espresso (VG) 5kcal	£3.10
Flat White (V) 34kcal	£4.20
Mocha (V) 198kcal	£4.75
Babyccino (V) 69kcal	£1.65
Hot Chocolate (V) 192kcal	£4.60
Deluxe Hot Chocolate 292kcal with Cream and Marshmallows	£5.75
Syrup shot (VG) from 48kcal	£1.40

*Semi-Skimmed Milk (V) 5kcal
+ 50p Oat Milk (VG) 6kcal,
+ 50p Soya Milk (VG) 4kcal

*Decaffeinated coffee and tea available

Most of our
food and drinks
can be available
to takeaway

Cold Drinks

Fentimans Soft Drinks 275ml from 107kcal	£3.20
Canned Soft Drinks 330ml from 1kcal	£2.30
Simply Fruity 330ml from 11kcal	£2.20
Harrogate Spa Still Water 500ml 0kcal	£2.20
Milkshake 200ml 46kcal	£1.95
Flavoured Water 500ml from 1kcal	£2.30
Heritage Apple Juice 250ml from 133kcal	£3.20
Vintage Craft Cider 500ml, ABV 6.2%, 3 units, from 265kcal	£5.00

Made from
Lotherton
apples!

Cakes

Slice of Cake – £4.60
A varied selection of cakes

Traybake – £3.90
A choice of fresh sweet treats
from our counter display

Homemade Scone (V) £3.95
with two butter portions 515kcal

Scone, Jam & Cream (V) £5.75
with jam and clotted cream pot 631kcal

V – Vegetarian VG – Vegan
NG – Non-Gluten

* Adults need around 2000 kcal a day

Flapjack (V) from 410kcal £4.10

Gluten Free Slices (V,NG)
from 330kcal £4.00

Gingerbread
Biscuit (V) 213kcal £3.10

Crispy Buns (V) 202kcal £2.90

Smartie Buns (V) 202kcal £3.00

Check our
counter for our
current selection
of cakes

Breakfast

Served until 11:30

Stables Breakfast 999kcal £9.25
Two fried eggs, two slices of rindless back bacon, two rare breed sausages, baked beans, mushrooms, half a tomato, two slices of white toast and two butter portions

Vegetarian Breakfast (V) 718kcal £8.25
Two fried eggs, two vegan sausages, baked beans, mushrooms, one tomato, two slices of white toast and two butter portions

Stables Breakfast – The Smaller One 566kcal £6.50
One fried egg, one slice of bacon, one sausage, baked beans, mushrooms, half a tomato, one slice of malted toast and butter

Scrambled Egg on Toast (V) 409kcal £5.25
Three eggs on two slices of malted toast

Served all day

Breakfast Sandwiches – £6.85
all served in a white breadcake, a choice of...
Three rashers of rindless back bacon 437kcal
Three rare breed sausages 571kcal
Three vegan sausages (V, VG) 304kcal

Beans on Toast (VG) 417kcal £4.00
Two slices of malted toast with a portion of beans

Toasted Currant Teacake (V) 423kcal £3.45
with three butter portions

Two Slices of Malted Toast (V) 278kcal £2.75
with two butter portions

Allergies and Dietary Requirements

Please note, our food is made in a kitchen which handles gluten and other allergens including nuts. If you have any dietary requirements please inform us at the point of ordering and our staff will assist in catering for your needs.

Nutritional information is taken directly from our official suppliers.

Calories can change if our suppliers substitute any of our products to keep our supply chain active.

Please see a member of our team for any calorie changes that may have taken place due to substitution. LCC will update allergen information as and when suppliers notify us about changes, but we always ask our customers to communicate with our staff to clarify allergen information.



Lunch Menu

Served from 11:30am

Hot Food

Homemade Three Bean Chilli 🌱 (VG) 586kcal **£9.25**
Homemade three bean chilli served with white boiled rice and lightly salted tortilla chips

Lamb Koftas and Cous Cous 772kcal 🌱 **£9.25**
Two locally sourced lamb koftas with Mediterranean cous cous topped with a yoghurt and mint sauce. Served with a salad garnish and French dressing

Soup of the Day (V) from 360kcal 🌱 **£5.95**
Served with a bread roll and butter

Pork Pie, Mushy Peas and Mint Sauce 742kcal **£7.45**
Locally sourced pork pie, topped with mushy peas and mint sauce

Yorkshire Pudding and Gravy (V) 309kcal 🌱 **£6.25**
Giant Yorkshire pudding served with gravy

Yorkshire Pudding, Sausage, Mashed Potato and Gravy 680kcal 🌱 **£9.25**
Giant Yorkshire pudding served with two sausages, a portion of mashed potato and gravy

See the chalkboard for seasonal specials!



Adult Sandwiches

£6.75

Served with a salad garnish and French dressing

Gammon Ham and Wholegrain Mustard 218kcal 🌱

Tuna Mayonnaise and Cucumber 465kcal 🌱

Cheddar Cheese and Caramelised Onion (V) 546kcal 🌱
(Vegan cheese available on request 459kcal) 🌱

Panini

£7.55

Served with a salad garnish and French dressing

Ham and Cheese 347kcal 🌱

Tuna and Cheese 610kcal 🌱

Cheese and Tomato 304kcal
(Vegan cheese available on request 336kcal) 🌱

Cheese and Red Onion 304kcal
(Vegan cheese available on request 336kcal) 🌱

Jacket Potatoes

Served with a salad garnish and French dressing 🌱

1 filling - £7.95

2 fillings - £8.75

Choice of fillings:

Cheese (V,NG) 345kcal. **Tuna Mayo (NG)** 314kcal

Beans (VG,NG) 120kcal **Vegan Cheese (VG,NG)** 199kcal

V – Vegetarian VG – Vegan NG – Non-Gluten

* Adults need around 2000 kcal a day

Some items on our menu can be adjusted to meet dietary requirements.

Gluten free bread and vegan cheese are available please ask at the time of ordering.

We kindly ask that only food purchased in the café is to be consumed on our tables.

Snacks

Served hot or cold

Pork Sausage Roll 321kcal **£3.25**

Cheese and Onion Pasty (V) 384kcal **£4.25**

Beef and Vegetable Pasty 439kcal **£4.25**

Pork Pie 580kcal **£5.25**

Vegan Roll (VG) 193kcal **£3.25**

Children's Menu



Children's Breakfast (Served until 11:30) 553kcal 🌱 **£4.75**
One fried egg, one slice of bacon, one sausage, baked beans, a slice of toast and one butter portion

Toast (V) 139kcal 🌱 **£1.55**
One slice of toast with a butter portion

Beans on Toast (VG) 208kcal 🌱 **£3.45**
One slice of toast covered in baked beans
Add Cheese (V) 374kcal **£4.10**

Tomato Pasta With Side Salad (VG) 269kcal 🌱 **£4.15**

Half a Jacket Potato With Side Salad 181kcal
1 filling - £4.95 2 fillings - £5.55

Choice of fillings: **Cheese (V,NG)** 166kcal
Tuna Mayo (NG) 157kcal **Baked Beans (VG, NG)** 57kcal

Yorkshire Pudding and Gravy (V) 111kcal 🌱 **£4.15**
4" Yorkshire pudding served with gravy

Yorkshire Pudding, Sausage, Mashed Potato and Gravy 438kcal 🌱 **£5.60**
4" Yorkshire pudding served with one sausage, mashed potato and gravy

Children's Lunch Box from 395kcal **£6.60**
See chiller for details

